



2026 CASCADE Rider Guide

MAY 31 SISTERS, OR

THE MOST SCENIC & DIVERSE GRAVEL IN THE COUNTRY!



We've packed in a lot of important information to this Rider Guide. Please take the time to review everything.

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You'll need annual or single-event license
(link for payment included)

CASCADE GRAVEL



The Cascade Gravel is one of the most scenic and diverse gravel events in the country. Located in Sisters, Oregon, the event will provide an amazing ride through the Central Oregon high desert and the Cascade Mountain Range.

Average daily temperatures range between 50 and 70 degrees, with temperatures dipping slightly as you ride up to higher elevations. Breakaway Team looks forward to offering outstanding support during your ride at well-stocked aid stations, mechanical support on course, and after you ride at the Finish Line Celebration in Sisters.

Located adjacent to Bend, Oregon, the Sisters area provides access to thousands of miles of remote gravel roads where deer outnumber cars 10 to 1. All three distances of riding offer different scenery and challenges. Late Spring is a great time of year for experiencing the beauty of Central Oregon. The air is clear, the mountains still gleam with white snow, and the roads have minimal dust. Add to that great lodging rates, and you have the perfect opportunity to enjoy the Bend area.

We want to give special thanks to Castelli Cycling for their incredible support as title sponsor. They saw the vision for this event and have been a huge part of its success.



CASTELLI



CASCADE GRAVEL - GENERAL SCHEDULE



PACKET PICKUP & ON-SITE REG



SATURDAY



12 to 5 pm
Sagebrush Cycles
558 SE 9th St UNIT 4,
Bend, OR 97702

SUNDAY

7:30 to 10:15 am
Sisters Middle School
15200 McKenzie Hwy
Sisters, OR 97759

SUNDAY RACE START



Sisters Middle School

BIG
9:00 AM
CASCADE GRAVEL

MEDIUM
10:30 AM
CASCADE GRAVEL

SMALL
10:45 AM
CASCADE GRAVEL

POST RIDE CELEBRATION



Village Green Park,
Sisters

Refuel & Cheers
1:00 pm to 5:00 pm



Post Ride Cheers
TASTY, CELEBRATORY BREWS BY

Awards
3:00 pm Small & Medium Gravel
4:00 pm Big Gravel

PACKET PICKUP - SATURDAY & SUNDAY



SATURDAY, MAY 30: 12 - 5 PM

Sagebrush Cycles
3558 SE 9th St UNIT 4,
Bend, OR 97702

SUNDAY, MAY 31 7:30 - 10:15 AM *

Sisters Middle School
15200 McKenzie Hwy
Sisters, OR 97759

Enter the Raffle!

Pick up your packet on Saturday by 4 pm and be entered to win some sweet goodies from our partners!



Big Gravel must pick up by 8:30
Medium Gravel must be picked up by 10:00
Small Gravel must be picked up by 10:15

If needed, you may change your ride distance **at packet pickup**.
Just let us know and we can make that adjustment for you.

ALL RIDERS MUST HAVE AN OBRA LICENSE TO PICK UP THEIR PACKET

ALL RIDERS MUST HAVE AN OBRA LICENSE TO PICK UP THEIR PACKETS.

Cascade Gravel is an Oregon Bicycle Racing Association (OBRA) sanctioned event. This allows us to be part of the OBRA BAR series and support bike racing in Oregon.

All riders will require a license to race. If you are a current license holder please include your license number on your waiver. If you are NOT a license holder you will simply fill out the form for a temporary one-day license and pay the \$5 fee or sign up for an annual membership.

- Single Day OBRA License- \$5: <https://www2.obra.org/product/single-event-membership/>
- 2025 Year OBRA License- \$50: <https://obra.org/store>



GETTING HERE, LODGING, & PARKING



Getting Here

Located at the foot of the Cascade Mountains in majestic Central Oregon, Sisters (2022 population 3,475) is a destination community that offers unparalleled natural beauty, endless recreational opportunities, and authentic western charm. Situated along U.S. Highway 20 just northwest of Bend, it serves as a gateway to the Central Oregon region.

Sisters is a quick 22 miles from Bend, 100 miles from Eugene, and 150 miles from Portland.



Parking

Start times- 9 AM BIG / 10:30 AM MEDIUM / 10:45 AM SMALL

Parking at Sisters Middle School

- Start at Sisters Middle School
- Finish at Village Green Park



RIDER ETIQUETTE

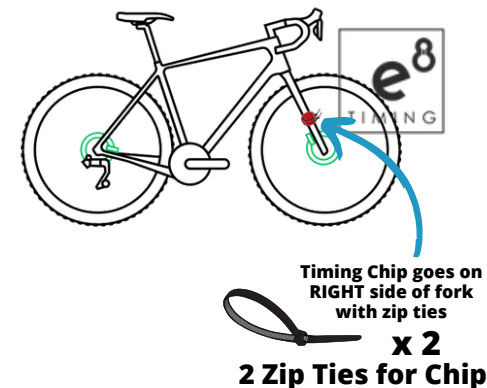
Rules of Rider Etiquette for the Cascade Gravel

- Be nice.
- Stop at all stop signs.
- Don't be rude (we really, really mean this, you WILL be banned from any Breakaway Promotions events for this).
- Pick up your trash.
- Please use the porta-potties at aid stations. Do not use private property or residents' land as a restroom, or you will be disqualified.
- Stay on the RIGHT SIDE of the roads ALWAYS, whether there is a center road line or not.

Race follows the racing rules of the Oregon Bicycle Racing Association
www2.obra.org/wp-content/uploads/2026/03/2026V1_racing-rules.pdf

RESULTS

This ride is being chip timed by E8 Timing. **Please attach the chip to the DRIVE (right) side of your fork. Please pin your bib number to the RIGHT SIDE of your jersey.** If you do not want to put the chip on your fork, you may put it on your shoe or crank, however, it may cause timing inaccuracies. We do NOT recommend putting your chip in your pocket.



Results will be posted to the website immediately. Use your smartphone to check and check your results. The timing mat and station for the finish are located between 3-4 miles prior to the actual finish at Village Green Park in Sisters. Make sure you roll over the timing mat so we can get your official time. Please be respectful and ride in just one lane at the speed limit through Sisters on the way back to the post-ride food and beer.

CHIPS WILL BE COLLECTED AT THE TIMING FINISH.



ALL RIDERS MUST PROCEED DIRECTLY TO THE FINISH AT VILLAGE GREEN PARK AND CROSS THE CEREMONIAL FINISH LINE.

Failure to do so will result in disqualification. There will be a \$150 fee for any unreturned timing chips.



NUMBER PLATES



PLEASE DO NOT CUT OR FOLD YOUR BIKE NUMBER PLATE. This is important for photo finish cameras and if we have to decide between you and another, we'll go with the plate we can read on the camera as the winner.



This ride is being chip timed by E8 Timing.

- Please attach the chip to the **DRIVE (right) side of your fork.**
- Please attach number plate to the **front of your handlebars.**
- Please pin your bib number to the **RIGHT SIDE of your jersey.**

If you do not want to put the chip on your fork, you may put it on your shoe or crank, however, it may cause timing inaccuracies. We do NOT recommend putting your chip in your pocket.



RIDE SUPPORT



Sagebrush Cycles will once again be providing mechanical support before and during the ride. Be sure to thank them for for all they do.

CASCADE COURSES



START/FINISH LOCATION:

Start at Sisters Middle School
Finish at Village Green Park





BIG
SISTERS.ORG

RIDE DISTANCE 80.1 MI
6,621 FEET ELEVATION
90% GRAVEL - 10% PAVED

CASCADE GRAVEL

Line Up- 8:50 am
Announcements- 8:55 am
Start- 9:00 am





MEDIUM
SISTERS.ORG

RIDE DISTANCE 52.1 MI
3784 FEET ELEVATION
90% GRAVEL - 10% PAVED

CASCADE GRAVEL

Line Up- 10:20 am
Announcements- 10:25 am
Start- 10:30 am



SMALL
SISTERS.ORG

RIDE DISTANCE 34.3 MI
2,363 FEET ELEVATION
87% GRAVEL - 13% PAVED

CASCADE GRAVEL

Line Up- 10:35 am
Announcements- 10:40 am
Start- 10:45 am

AID STATIONS



Three well-stocked aid stations will be located roughly every 20 miles along the course. In addition to food, we will also have extra tubes, tire pumps, and tires. Sagebrush Cycles will be at the start as well as out on the course for anyone needing bike repair. We will have porta-potties located at all three Aid Stations.

Sagebrush Cycles will be at the start and traveling around the course with tubes, tires, tire pump and assistance. Aid stations will be filled with Tailwind Nutrition drink mix, gels, bananas, peanut butter, granola bars, and other great snacks, as well as the innovative Breakaway Hydration Trailer for the fastest water fills possible.

AID LOCATIONS:

- BIG GRINDER- Mile 26.9, 45, 63.3
- MEDIUM GRINDER- Mile 9.6, 22.3, 40.5
- SMALL GRINDER- MILE 4.5, 22.7

AID STATIONS ARE NEUTRAL SUPPORT ONLY
We must reduce traffic on the course. Any rider taking outside support at the Aid Stations or on course will be disqualified.



OREGON GRAVELSERIES X **tailwind NUTRITION**

Tailwind Nutrition is the **Official Nutrition Partner** for the Oregon Gravel Series! Tailwind has become a go-to for endurance athletes because it's easy on the stomach, delivers steady energy, and keeps you hydrated and fueled without the crash. From easy spin days to big training blocks and race efforts, Tailwind helps you stay strong, consistent, and ready for the next ride.

SPECIAL 20% CODE FOR GORGE RIDERS: GORGE20
www.tailwindnutrition.com

HOW TO FUEL WITH TAILWIND

- 1 DIAL IN YOUR BASE**
in 20-24oz of water per hour
* this is the ratio you will find at aid stations
200 CALS
- 2 CALCULATE YOUR FUEL**
4 HOURS = 800 CALORIES
- 3 CHOOSE A CARRYING METHOD**
Be sure to continue targeting 20-24oz of water/hour by carrying plain water, or drinking water at the aid stations along the way.
- 4 USE YOUR FUEL**
For a bladder or large bottle, sip continuously as you ride.



Post Ride Check-In

Timing mats will be placed at the official timing finish of the course. Please make sure to turn your timing chip back in at the end of at the end of your ride at the official finish line. All chips must be returned to Village Green Park on Sunday. Any chips not returned will incur a **\$150 replacement fee.**

Sunday Post Ride Re-Fuel



Post Ride Cheers
TASTY, CELEBRATORY BREWS BY



The New Belgium Post-Ride Celebration will be at Village Green Park after Sunday's ride. Bring your appetite as Spin Catering will be providing everyone with an awesome lunch. All alcohol must be consumed within the park and may not be taken back to your vehicle. Check in at the swag and awards tent at the finish line after your ride to pick up your commemorative pint glass!

Awards

Awards go to the top three for each category in each distances for each day. Podium will be for top three from each category for each distance.

Award Categories for this event are,

- Juniors*
- Pro Men
- Pro Women
- Open Men
- Open Women
- Open Non-Binary
- Masters Men 45-59, Masters Plus 60+
- Masters Women 45-59, Masters Plus 60+

2pm- Small Gravel Awards

3pm- Medium/Big Gravel Awards

** we will try our very best to stick to the above award schedule but may be delayed depending on rider finishing time. You must be present for awards, we will not ship them after the event.*



Racer Age

Your racer age is based on your age at the end of the year. As an example, if you are currently 44 but your birthday is November 28th, you will be listed at 45. If you would like to race Open rather than Junior, Masters, or Masters+, you must let us know before race start.



From the Experts at **SCHWALBE**

We asked our friend Sean Cochran at Schwalbe for his tire recommendations. Sean grew up in Sisters, Oregon and knows these roads like the back of his hand. With so little pavement, go big- you have nothing to lose and everything to gain. He suggests size of 45-50 mm for this course.



Schwalbe G-One RX is the ideal tire for Cascade Gravel. The race tire for best off-road performance

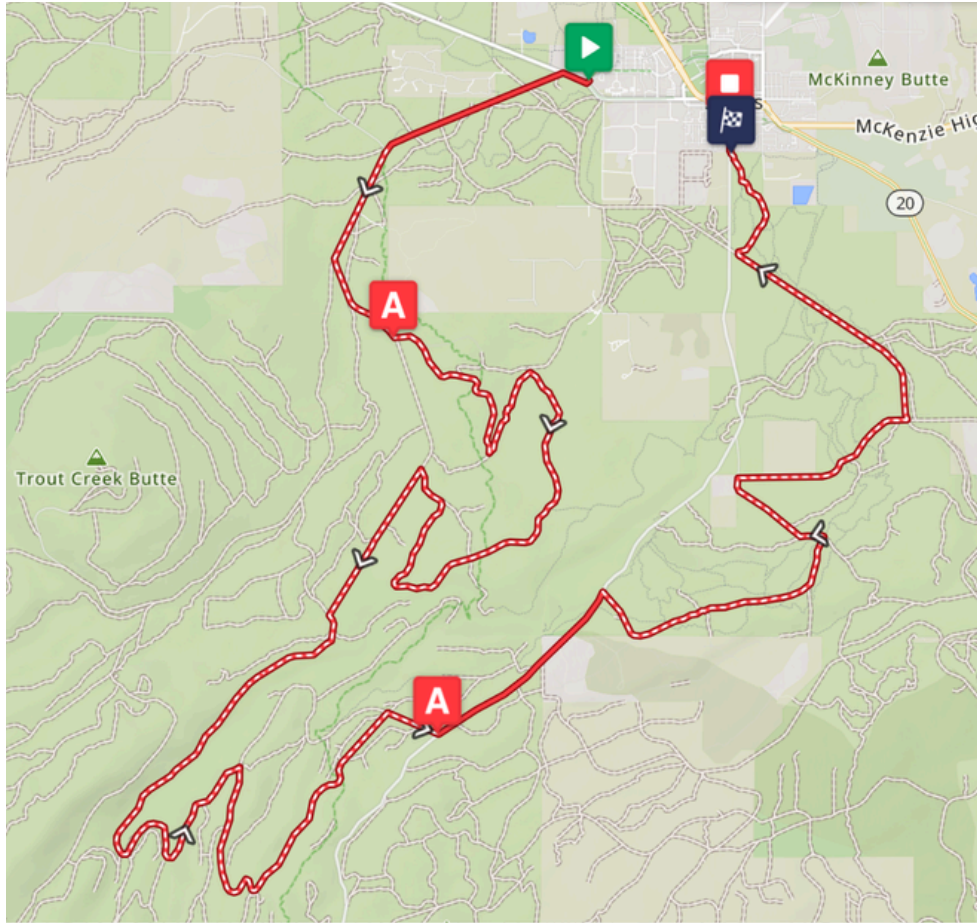
- Enormous grip even under difficult conditions (rocky, muddy terrain).
- Maximum cornering traction thanks to paired outer blocks.
- Good self-cleaning in muddy conditions.
- Souplésse construction for smooth riding feel + high puncture protection.



SMALL GRAVEL



SMALL SISTERS, OR
SMALL GRAVEL
34.6 MI
CASCADE GRAVEL

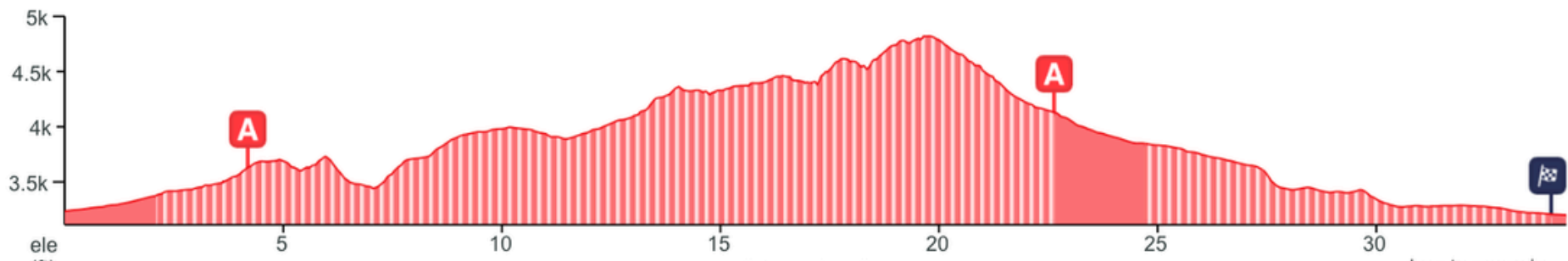


2026 Cascade Gravel
Small Course

📍 34.6 mi + 2,378 ft



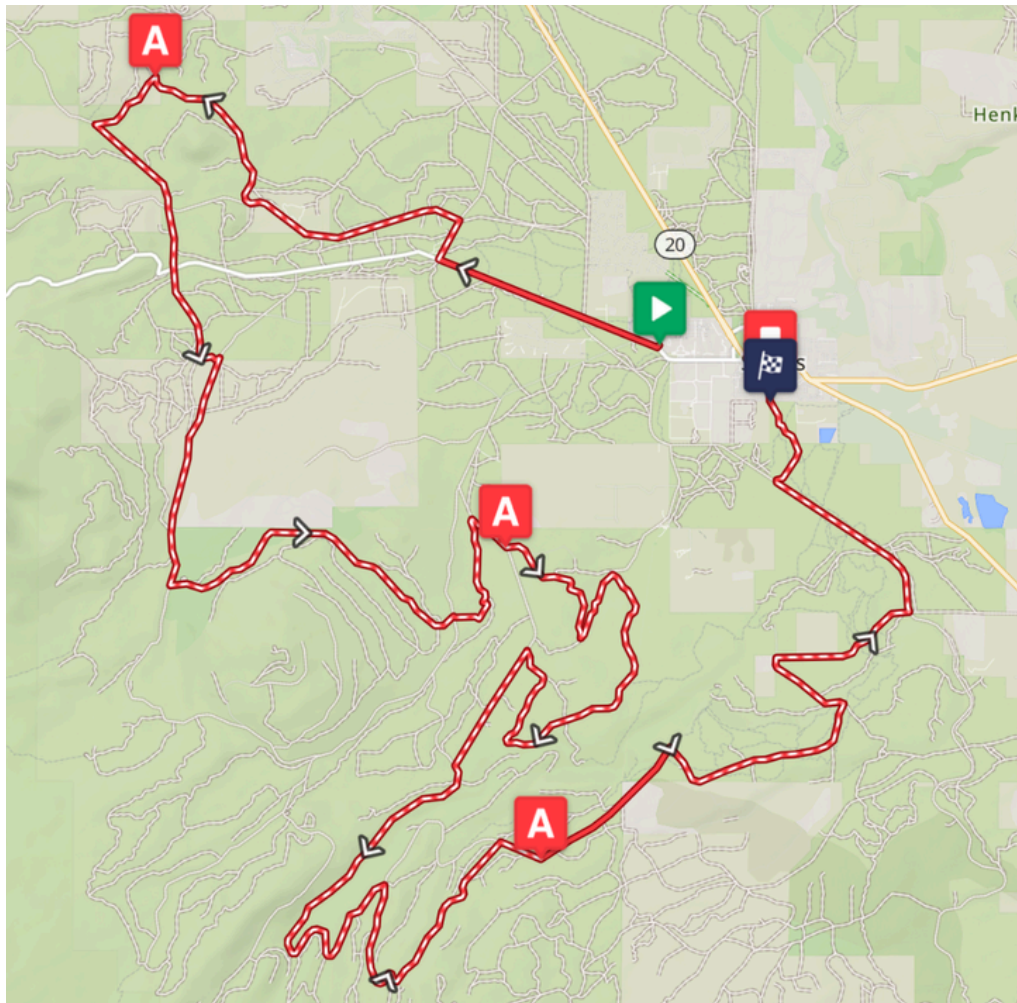
Ride With GPS
Page



MEDIUM GRAVEL



OREGON GRAVEL SERIES
CASCADE GRAVEL
MEDIUM SISTERS, OR
MEDIUM GRAVEL
52.4 MI
CASCADE GRAVEL



2026 Cascade Gravel
Medium Course

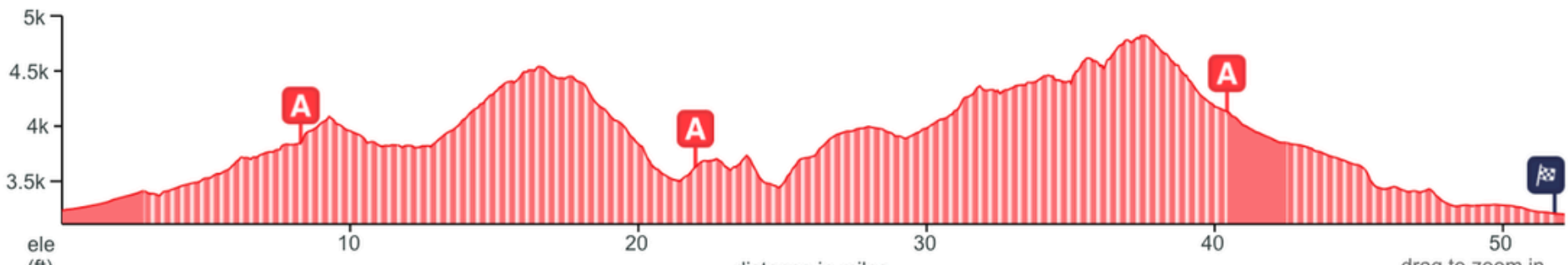
📍 52.4 mi + 3,797 ft



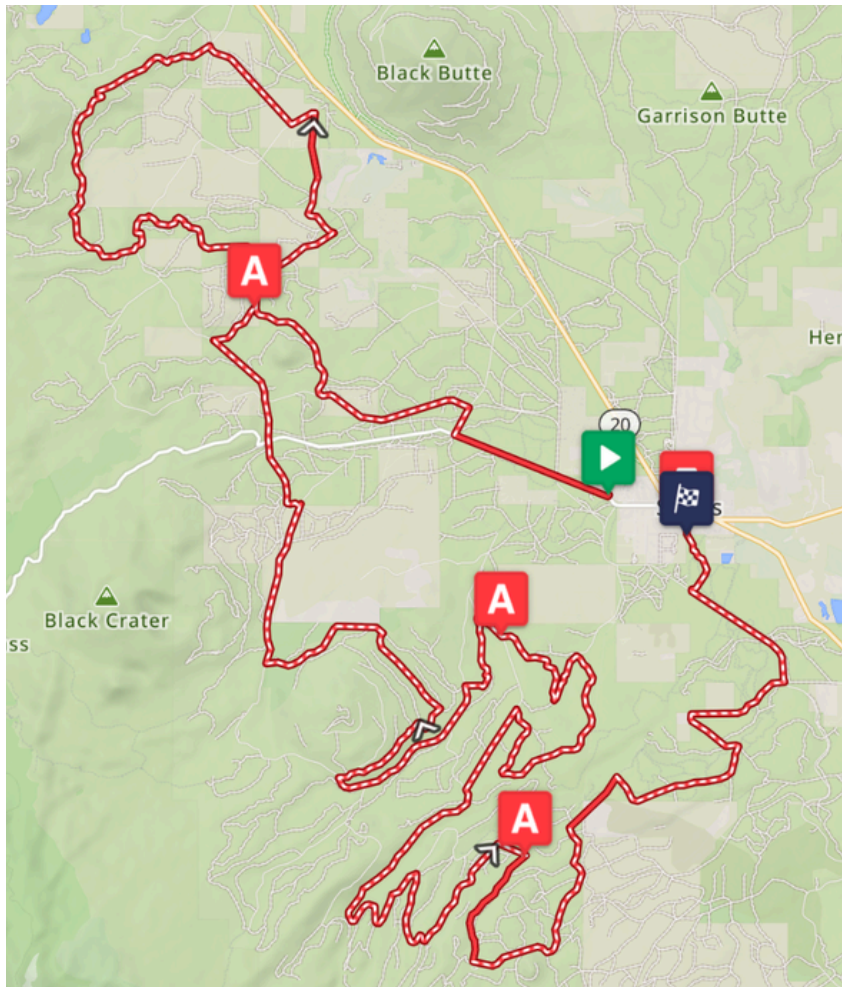
Ride With GPS Page



NUETRAL ROLLOUT- We will roll out of town slowly with a lead moto. When they get to the official time start, the moto will give a beep of the horn and accelerate ahead. That is when the race goes live, no additional stops.



BIG GRAVEL



2026 Cascade Gravel Big Course

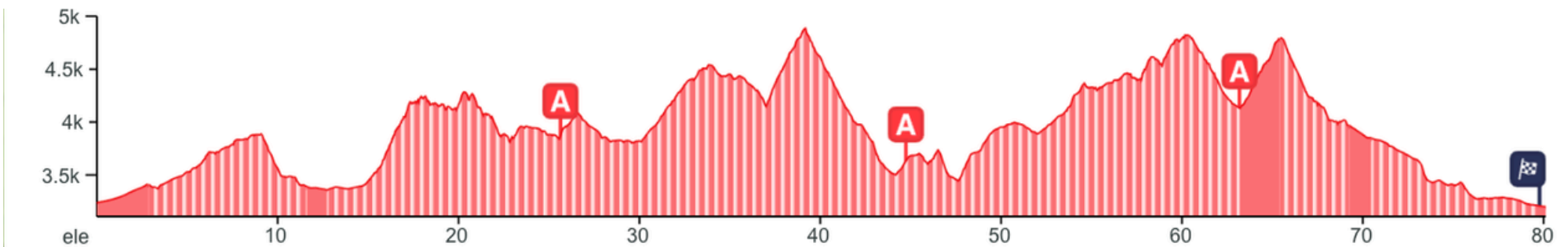
📍 80.4 mi + 6,645 ft



Ride With GPS Page



NUETRAL ROLLOUT- We will roll out of town slowly with a lead moto. When they get to the official time start, the moto will give a beep of the horn and accelerate ahead. That is when the race goes live, no additional stops.



TIME CUT-OFF POINT, BIG GRAVEL AT AID #3



COURSE CUT OFF TIMES

Big Mile 63.3
AID #3
3:15 pm

The Cascade Celebration Expo will close at 5 PM.
Required average pace to finish before course closure:

- Big- 10.05 mph
- Medium- 8.02 mph
- Small- 5.49 mph

To make sure everyone gets back in time and safely (including our crew) we will implement the following Cut-Off Point

BIG GRAVEL- Mile 63.2, AID #3 - 3:15 pm

Required pace to this point 10.11 mph

Big Gravel riders who LEAVE this point after 3:15 pm must take the Small/Medium course instead of the Big course.

*Small and Medium Gravel riders will not have a course cut-off.



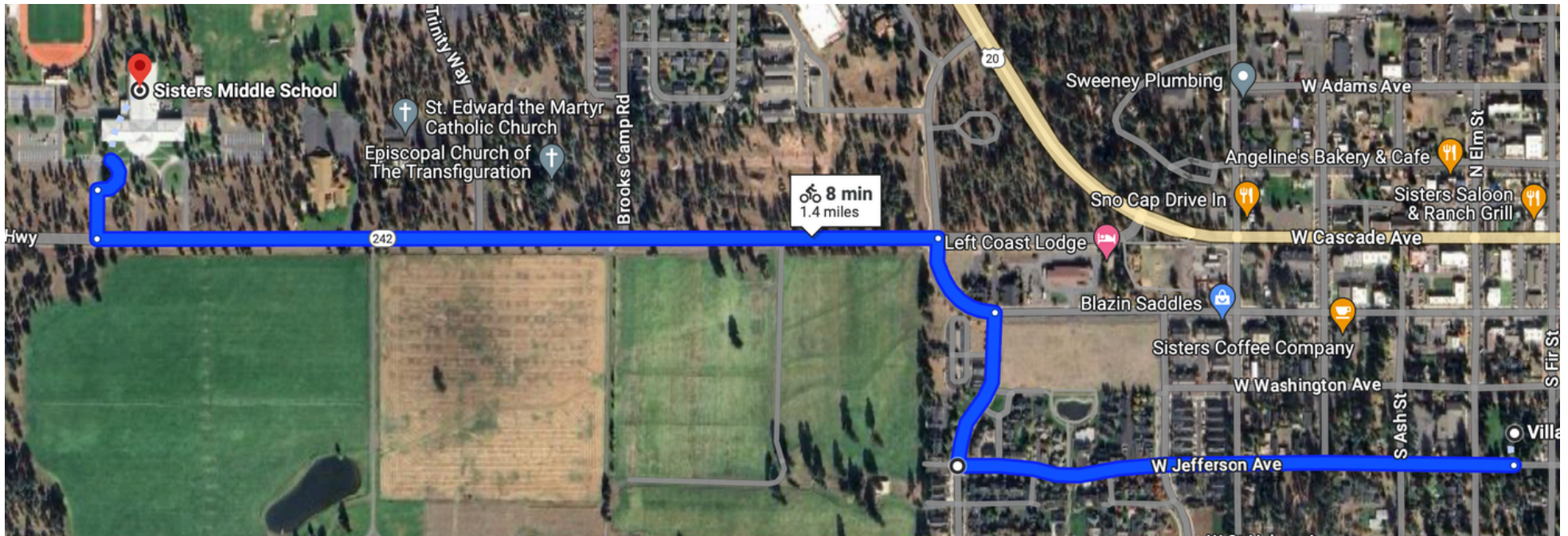
Please be kind to our wonderful volunteers if they guide you to the shorter distance. These cut-offs are in place for the safety of riders and our team.

RIDING BACK TO YOUR CAR AFTER YOUR RIDE



After you've celebrated at Sisters Village Green Park, it is an easy 1.4 mile ride back to your car at Sisters Middle School. See the map below and highlighted blue route for the best way to get back.

Village Green Park to Sisters Middle School





This is an Oregon Bicycle Racing Association (OBRA) sanctioned event. This allows us to be part of the OBRA BAR series and support bike racing in Oregon.

All riders will require a license to race.

If you are a current license holder, please make sure to have your license number. If you purchase a single-day license, be prepared to show your receipt.

Single Event License

If you are not a license holder you will need to fill out the form for a temporary license and pay the \$5 fee.

[You can pay for and register your license on the OBRA Membership website here.](#)



2026 Year License

Doing more racing in Oregon?

[Purchase an annual membership to OBRA for \\$50 on their website here.](#)

<https://obra.org/store>

